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## Emotional Intelligence in the Classroom

Quick Look: Call our office (828-298-2488) to bring this program to your school system.

### OVERVIEW

Our work in educator development has taught us that powerful teachers are good at giving and receiving critical feedback, have a compelling personal presence that others enjoy being around, have a strong ability to concentrate and be attuned to the matter at hand, and have a high degree of emotional expression. We have learned, "If it is not happening in the teacher, it is not happening in the student."

The EQ program looks deeply at these and other behavioral patterns you have learned that are linked to leadership and teaching outcomes. Our work is deeply focused on teaching you how you can begin to alter the neurological patterns that are part of your leadership today. We believe strongly that emotional intelligence is the cornerstone of powerful, dynamic leadership. That is the focus of this program.

You will take an assessment to help you gauge, understand, and improve your current EQ situation. We have designed an experiential and interactive approach, focusing on those elements of EQ that are indispensable to the development of your leadership capacity and effectiveness. This "hands-on" program is intended to confront you in a healthy and appropriate manner about your emotional intelligence so that, without exception, you will leave here as a better leader, a better teacher, and a better person.

### OBJECTIVES

- Express your emotions appropriately and shift undesirable emotional states to more productive ones.
- Increase your ability to give and receive critical feedback in a positive manner.
- Understand the link between emotions, thoughts and actions.
- Access emotional states that will support reaching your goals.
- Read, be sensitive to, and influence your students' emotions.
- Attract and sustain rewarding interpersonal relationships both in and outside the classroom.