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## **Mind and Intention: Transcending the Fish Market**

Quick Look: Weekend program (6:00 PM Friday - 3:00 PM Sunday) / \$375.00

### OVERVIEW

The technologies and discoveries of the human potential movement have consistently stated that we are responsible for our experiences and the outcomes in our lives. Operating out of scarcity, never feeling enough, having enough, being enough, we struggle daily to make ends meet emotionally, mentally, and financially. Unfortunately, many people remain unaware of the relationship between thinking and doing, and experience unintended outcomes throughout the course of their life.

MindSpring teaches this workshop from the belief that from your mental machinery arises from your experience of life and the outcomes created by your thoughts. We provide you with the opportunity to clarify your own process and teach you how to begin create the results you desire in your personal and professional lives.

### OBJECTIVES

- Increase your understanding of the principles that help you create the outcomes you truly desire.
- Learn to distinguish between content and context, the subjective and the objective, between intention and compulsion.
- Recognize how the mind functions and how to avoid habitual barriers and pitfalls.
- Examine your thinking process, its barriers, and how to increase mission and purpose in your life.